



### **Sunrise Swimming Parent Code of Conduct**

Sunrise Swimming seeks to instill positive character-building traits through the demonstration of good sportsmanship, respect for others, responsibility, fairness, caring, and good citizenship. We ask that parents and their guests attending Sunrise Swimming sponsored events help us by reflecting these character traits.

When attending events as a Sunrise Swimming member, I agree to the following:

- I will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all swimmers, coaches, officials, volunteers, and spectators at every meet, practice or other Sunrise Swimming event.
- I will not engage in any kind of unsportsmanlike conduct with any official, coach, swimmer, or parent such as booing, taunting, or using profane language or gestures, etc.
- I will teach my child to abide by the spirit of the rules and to resolve conflicts without resorting to hostility or violence.
- I will demand that my child treat other swimmers, coaches, officials and spectator with respect regardless of race, gender, or ability.
- I will refrain from coaching my child and other children during practices or meets, unless I am one of the official coaches of the team.
- I will respect the officials and their authority during meets and will never question, discuss, or confront coaches or officials at meets, and will take time to speak with coaches at an agreed upon time and place.
- I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others..
- I will direct my concerns to first to my child's coach; then, if not satisfied, to the Head Coach.

I also agree that if I fail to abide by the above rules and guidelines, I will be subject to disciplinary action, but not limited to the following:

- Verbal warning by team official, Head Coach, and/or Sunrise Swimming Leadership;
- Written warning;
- Parental practice and/or meet suspension with written documentation of incident;
- Parental season suspension;
- Expulsion from the team.

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Parent Signature

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Date