## **Sunrise Swimming**

## **Individual Meet Results**

Pompano Beach Winter Sizzler 02-Mar-12 Yards

**Location: Pompano Beach Acuatic Center** 

Plantation Swim Team [PST-FG] Coach: Jimmy Parmenter

Part   Part	Time	F/P/S	Event	Place	Points	Improv
19.22Y	Lalainie Bannis	ster (8) G				
21.97Y	17.88Y	F # 3	Girls 7-8 25 Fly	1		0.68
15.24Y	19.22Y	F # 7	Girls 7-8 25 Back	2		0.38
NS	21.97Y	F # 11	Girls 7-8 25 Breast	1		1.13
NS         F         #         2         Boys 6 & Under 25 Fly	15.24Y	F # 15	Girls 7-8 25 Free	1		-0.38
NS	Cameron Dawe	es (6) B				
NS	NS	F # 2	Boys 6 & Under 25 Fly			
NS	NS	F # 6	Boys 6 & Under 25 Back			
Alexis Forgatsch (8)   G   C   C   C   C   C   C   C   C   C	NS	F # 10	Boys 6 & Under 25 Breast			
23.04Y	NS	F # 14	Boys 6 & Under 25 Free			
22.91Y         F         #         7         Girls         7-8 25 Back         10          0.68           30.82Y         F         #         11         Girls         7-8 25 Breast         24          0.53           20.72Y         F         #         15         Girls         7-8 25 Free         15          0.50           NS F         F         #         4         Boys         7-8 25 Fly	Alexis Forgatsc	ch (8) G				
30.82Y         F         # 15         Girls 7-8 25 Breast         24          0.50           Niklas Francis (8) B           NS         F         # 4         Boys 7-8 25 Fly   <	23.04Y	F # 3	Girls 7-8 25 Fly	10		-0.21
	22.91Y	F # 7	Girls 7-8 25 Back	10		0.66
Niklas Francis (8) B	30.82Y	F # 11	Girls 7-8 25 Breast	24		0.53
NS	20.72Y	F # 15	Girls 7-8 25 Free	15		0.50
NS	Niklas Francis	(8) B				
NS	NS	F # 4	Boys 7-8 25 Fly			
NS         F         # 16         Boys 7-8 25 Free               Abbie Hochrein (7)         F         # 3         Girls 7-8 25 Fly         53          9.13           33.89Y         F         # 7         Girls 7-8 25 Back         53          0.07           43.85Y         F         # 11         Girls 7-8 25 Breast         48          0.09           30.90Y         F         # 15         Girls 7-8 25 Free         51          0.94           Christopher Kean (5) B           37.98Y         F         # 2         Boys 6 & Under 25 Fly         4          -0.09           38.68Y         F         # 6         Boys 6 & Under 25 Back         9          -1.37           40.60Y         F         # 10         Boys 6 & Under 25 Free         10          2.45           Aiden Kohanyi (7) B           28.88Y         F         # 4         Boys 7-8 25 Back         28          0.65           29.85Y         F         # 8         Boys 7-8 25 Breast         16          0.79           28.53Y         F </td <td>NS</td> <td>F # 8</td> <td>Boys 7-8 25 Back</td> <td></td> <td></td> <td></td>	NS	F # 8	Boys 7-8 25 Back			
Abbie Hochrein (7) G           44.19Y         F         #         3         Girls 7-8 25 Fly         53          9.13           33.89Y         F         #         7         Girls 7-8 25 Back         53          0.07           43.85Y         F         #         11         Girls 7-8 25 Breast         48          2.00           30.90Y         F         #         15         Girls 7-8 25 Free         51          -0.94           Christopher Kean (5)           S           37.98Y         F         #         2         Boys 6 & Under 25 Fly         4          -0.09           38.68Y         F         #         6         Boys 6 & Under 25 Breast         6          2.33           40.60Y         F         #         10         Boys 6 & Under 25 Breast         6          2.33           33.72Y         F         #         14         Boys 6 & Under 25 Free         10          0.65           29.85Y         F         #         8         Boys 7-8 25 Breast         28          0.79           28.53Y         F	NS	F # 12	Boys 7-8 25 Breast			
44.19Y       F # 3       Girls 7-8 25 Fly       53        9.13         33.89Y       F # 7       Girls 7-8 25 Back       53        0.07         43.85Y       F # 11       Girls 7-8 25 Breast       48        2.00         30.90Y       F # 15       Girls 7-8 25 Free       51        -0.94         Christopher Kean (5) B         37.98Y       F # 2       Boys 6 & Under 25 Fly       4        -0.09         38.68Y       F # 6       Boys 6 & Under 25 Back       9        -1.37         40.60Y       F # 10       Boys 6 & Under 25 Breast       6        2.33         33.72Y       F # 14       Boys 6 & Under 25 Free       10        2.45         Aiden Kohanyi (7) B         28.68Y       F # 4       Boys 7-8 25 Fly       20        0.65         29.85Y       F # 8       Boys 7-8 25 Breast       16        0.38         21.90Y       F # 16       Boys 7-8 25 Free       19        0.38         Gabriel Landron (5) B         48.74Y       F # 6       Boys 6 & Under 25 Back       16        <	NS	F # 16	Boys 7-8 25 Free			
33.89Y         F         #         7         Girls 7-8 25 Back         53          0.07           43.85Y         F         #         11         Girls 7-8 25 Breast         48          2.00           30.90Y         F         #         15         Girls 7-8 25 Free         51          -0.94           Christopher Kean (5)         B          -0.94           37.98Y         F         #         2         Boys 6 & Under 25 Fly         4          -0.09           38.68Y         F         #         6         Boys 6 & Under 25 Back         9          -1.37           40.60Y         F         #         10         Boys 6 & Under 25 Breast         6          2.33           33.72Y         F         #         14         Boys 6 & Under 25 Free         10          2.45           Aiden Kohanyi (7) B           28.68Y         F         #         4         Boys 7-8 25 Fly         20          0.65           29.85Y         F         #         8         Boys 7-8 25 Breast         16          2.08           21.90Y	Abbie Hochrein	n (7) G				
43.85Y       F # 11       Girls 7-8 25 Breast       48        2.00         30.90Y       F # 15       Girls 7-8 25 Free       51        -0.94         Christopher Kean (5) B         37.98Y       F # 2       Boys 6 & Under 25 Fly       4        -0.09         38.68Y       F # 6       Boys 6 & Under 25 Back       9        -1.37         40.60Y       F # 10       Boys 6 & Under 25 Breast       6        2.33         33.72Y       F # 14       Boys 6 & Under 25 Free       10        2.45         Aiden Kohanyi (7) B         28.68Y       F # 4       Boys 7-8 25 Fly       20        0.65         29.85Y       F # 8       Boys 7-8 25 Back       28        0.79         28.53Y       F # 12       Boys 7-8 25 Free       19        0.38         Gabriel Landron (5) B         48.74Y       F # 2       Boys 6 & Under 25 Fly       12        4.47         49.47Y       F # 6       Boys 6 & Under 25 Back       16        4.47         49.47Y       F # 10       Boys 6 & Under 25 Breast       10 </td <td>44.19Y</td> <td>F # 3</td> <td>Girls 7-8 25 Fly</td> <td>53</td> <td></td> <td>9.13</td>	44.19Y	F # 3	Girls 7-8 25 Fly	53		9.13
30.90Y	33.89Y	F # 7	Girls 7-8 25 Back	53		0.07
Christopher Kean (5) B           37.98Y         F         #         2         Boys 6 & Under 25 Fly         4          -0.09           38.68Y         F         #         6         Boys 6 & Under 25 Back         9          -1.37           40.60Y         F         #         10         Boys 6 & Under 25 Breast         6          2.33           33.72Y         F         #         14         Boys 6 & Under 25 Free         10          2.45           Aiden Kohanyi (7) B           28.68Y         F         #         4         Boys 7-8 25 Fly         20          0.65           29.85Y         F         #         8         Boys 7-8 25 Back         28          0.79           28.53Y         F         #         12         Boys 7-8 25 Breast         16          2.08           21.90Y         F         #         16         Boys 7-8 25 Free         19          0.38           Gabriel Landron (5) B           48.74Y         F         #         6         Boys 6 & Under 25 Back         16          4.47           49.47Y	43.85Y	F # 11	Girls 7-8 25 Breast	48		2.00
37.98Y       F # 2       Boys 6 & Under 25 Fly       4        -0.09         38.68Y       F # 6       Boys 6 & Under 25 Back       9        -1.37         40.60Y       F # 10       Boys 6 & Under 25 Breast       6        2.33         33.72Y       F # 14       Boys 6 & Under 25 Free       10        2.45         Aiden Kohanyi (7) B         28.68Y       F # 4       Boys 7-8 25 Fly       20        0.65         29.85Y       F # 8       Boys 7-8 25 Back       28        0.79         28.53Y       F # 12       Boys 7-8 25 Breast       16        2.08         21.90Y       F # 16       Boys 7-8 25 Free       19        -0.38         Gabriel Landron (5) B         48.74Y       F # 2       Boys 6 & Under 25 Fly       12        4.47         49.47Y       F # 6       Boys 6 & Under 25 Back       16        10.65         43.54Y       F # 10       Boys 6 & Under 25 Breast       10        -5.45	30.90Y	F # 15	Girls 7-8 25 Free	51		-0.94
38.68Y       F # 6       Boys 6 & Under 25 Back       9        -1.37         40.60Y       F # 10       Boys 6 & Under 25 Breast       6        2.33         33.72Y       F # 14       Boys 6 & Under 25 Free       10        2.45         Aiden Kohanyi (7) B         28.68Y       F # 4       Boys 7-8 25 Fly       20        0.65         29.85Y       F # 8       Boys 7-8 25 Back       28        0.79         28.53Y       F # 12       Boys 7-8 25 Breast       16        2.08         21.90Y       F # 16       Boys 7-8 25 Free       19        -0.38         Gabriel Landron (5) B         48.74Y       F # 2       Boys 6 & Under 25 Fly       12        4.47         49.47Y       F # 6       Boys 6 & Under 25 Back       16        4.47         43.54Y       F # 10       Boys 6 & Under 25 Breast       10        -5.45	Christopher Ke	ean (5) B				
40.60Y F # 10 Boys 6 & Under 25 Breast 6 2.33 33.72Y F # 14 Boys 6 & Under 25 Free 10 2.45  Aiden Kohanyi (7) B  28.68Y F # 4 Boys 7-8 25 Fly 20 0.65 29.85Y F # 8 Boys 7-8 25 Back 28 0.79 28.53Y F # 12 Boys 7-8 25 Breast 16 2.08 21.90Y F # 16 Boys 7-8 25 Free 19 0.38  Cabriel Landron (5) B  48.74Y F # 2 Boys 6 & Under 25 Fly 12 4.47 49.47Y F # 6 Boys 6 & Under 25 Back 16 10.65 43.54Y F # 10 Boys 6 & Under 25 Breast 10 10.65 43.54Y F # 10 Boys 6 & Under 25 Breast 10 5.45	37.98Y	F # 2	Boys 6 & Under 25 Fly	4		-0.09
33.72Y       F # 14       Boys 6 & Under 25 Free       10        2.45         Aiden Kohanyi (7) B         28.68Y       F # 4       Boys 7-8 25 Fly       20        0.65         29.85Y       F # 8       Boys 7-8 25 Back       28        0.79         28.53Y       F # 12       Boys 7-8 25 Breast       16        2.08         21.90Y       F # 16       Boys 7-8 25 Free       19        -0.38         Gabriel Landron (5) B         48.74Y       F # 2       Boys 6 & Under 25 Fly       12        4.47         49.47Y       F # 6       Boys 6 & Under 25 Back       16        10.65         43.54Y       F # 10       Boys 6 & Under 25 Breast       10        -5.45	38.68Y	F # 6	Boys 6 & Under 25 Back	9		-1.37
Aiden Kohanyi (7) B         28.68Y       F # 4       Boys 7-8 25 Fly       20        0.65         29.85Y       F # 8       Boys 7-8 25 Back       28        0.79         28.53Y       F # 12       Boys 7-8 25 Breast       16        2.08         21.90Y       F # 16       Boys 7-8 25 Free       19        -0.38         Gabriel Landron (5) B         48.74Y       F # 2       Boys 6 & Under 25 Fly       12        4.47         49.47Y       F # 6       Boys 6 & Under 25 Back       16        10.65         43.54Y       F # 10       Boys 6 & Under 25 Breast       10        -5.45	40.60Y	F # 10	Boys 6 & Under 25 Breast	6		2.33
28.68Y       F # 4       Boys 7-8 25 Fly       20        0.65         29.85Y       F # 8       Boys 7-8 25 Back       28        0.79         28.53Y       F # 12       Boys 7-8 25 Breast       16        2.08         21.90Y       F # 16       Boys 7-8 25 Free       19        -0.38         Gabriel Landron (5) B         48.74Y       F # 2       Boys 6 & Under 25 Fly       12        4.47         49.47Y       F # 6       Boys 6 & Under 25 Back       16        10.65         43.54Y       F # 10       Boys 6 & Under 25 Breast       10        -5.45	33.72Y	F # 14	Boys 6 & Under 25 Free	10		2.45
29.85Y       F # 8       Boys 7-8 25 Back       28        0.79         28.53Y       F # 12       Boys 7-8 25 Breast       16        2.08         21.90Y       F # 16       Boys 7-8 25 Free       19        -0.38         Gabriel Landron (5) B         48.74Y       F # 2       Boys 6 & Under 25 Fly       12        4.47         49.47Y       F # 6       Boys 6 & Under 25 Back       16        10.65         43.54Y       F # 10       Boys 6 & Under 25 Breast       10        -5.45	Aiden Kohanyi	(7) B				
28.53Y       F # 12       Boys 7-8 25 Breast       16        2.08         21.90Y       F # 16       Boys 7-8 25 Free       19        -0.38         Gabriel Landron (5) B         48.74Y       F # 2       Boys 6 & Under 25 Fly       12        4.47         49.47Y       F # 6       Boys 6 & Under 25 Back       16        10.65         43.54Y       F # 10       Boys 6 & Under 25 Breast       10        -5.45	28.68Y	F # 4	Boys 7-8 25 Fly	20		0.65
21.90Y       F # 16       Boys 7-8 25 Free       19        -0.38         Gabriel Landron (5) B         48.74Y       F # 2       Boys 6 & Under 25 Fly       12        4.47         49.47Y       F # 6       Boys 6 & Under 25 Back       16        10.65         43.54Y       F # 10       Boys 6 & Under 25 Breast       10        -5.45	29.85Y	F # 8	Boys 7-8 25 Back	28		0.79
Gabriel Landron (5) B       48.74Y     F # 2     Boys 6 & Under 25 Fly     12      4.47       49.47Y     F # 6     Boys 6 & Under 25 Back     16      10.65       43.54Y     F # 10     Boys 6 & Under 25 Breast     10      -5.45	28.53Y	F # 12	Boys 7-8 25 Breast	16		2.08
48.74Y       F # 2       Boys 6 & Under 25 Fly       12        4.47         49.47Y       F # 6       Boys 6 & Under 25 Back       16        10.65         43.54Y       F # 10       Boys 6 & Under 25 Breast       10        -5.45	21.90Y	F # 16	Boys 7-8 25 Free	19		-0.38
48.74Y       F # 2       Boys 6 & Under 25 Fly       12        4.47         49.47Y       F # 6       Boys 6 & Under 25 Back       16        10.65         43.54Y       F # 10       Boys 6 & Under 25 Breast       10        -5.45	Gabriel Landro	on (5) B				
43.54Y F # 10 Boys 6 & Under 25 Breast 105.45	48.74Y	F # 2	Boys 6 & Under 25 Fly	12		4.47
	49.47Y	F # 6	Boys 6 & Under 25 Back	16		10.65
42.19Y F # 14 Boys 6 & Under 25 Free 16 5.20	43.54Y	F # 10	Boys 6 & Under 25 Breast	10		-5.45
	42.19Y	F # 14	Boys 6 & Under 25 Free	16		5.20

## **Sunrise Swimming**

## **Individual Meet Results**

Pompano Beach Winter Sizzler 02-Mar-12 Yards

**Location: Pompano Beach Acuatic Center** 

Plantation Swim Team [PST-FG] Coach: Jimmy Parmenter

Time	F/P/S	Event	Place	Points	Improv
Teresa Landron	ı (6) G				
31.69Y	F # 1	Girls 6 & Under 25 Fly	6		0.68
30.17Y	F # 5	Girls 6 & Under 25 Back	6		2.18
43.29Y	F # 9	Girls 6 & Under 25 Breast	13		11.68
27.56Y	F # 13	Girls 6 & Under 25 Free	7		1.35
Victoria Landro	on (8) G				
26.23Y	F # 3	Girls 7-8 25 Fly	21		0.78
28.39Y	F # 7	Girls 7-8 25 Back	36		1.13
32.10Y	F # 11	Girls 7-8 25 Breast	28		1.38
22.95Y	F # 15	Girls 7-8 25 Free	34		0.91
Andrei Sanchez	(8) B				
27.70Y	F # 4	Boys 7-8 25 Fly	17		-0.87
26.43Y	F # 8	Boys 7-8 25 Back	17		-0.03
29.02Y	F # 12	Boys 7-8 25 Breast	17		-0.30
23.10Y	F # 16	Boys 7-8 25 Free	23		-0.63
Anabela Sheare	r (7) G				
28.19Y	F # 3	Girls 7-8 25 Fly	29		
30.28Y	F # 7	Girls 7-8 25 Back	46		0.34
37.25Y	F # 11	Girls 7-8 25 Breast	42		9.69
26.36Y	F # 15	Girls 7-8 25 Free	45		-7.29
Isabella Sinister	ra (6) G				
34.15Y	F # 1	Girls 6 & Under 25 Fly	10		-1.33
30.60Y	F # 5	Girls 6 & Under 25 Back	7		-1.82
35.89Y	F # 9	Girls 6 & Under 25 Breast	9		-2.35
32.42Y	F # 13	Girls 6 & Under 25 Free	16		-8.39
Samantha Trod	ick (8) G				
19.99Y	F # 3	Girls 7-8 25 Fly	5		0.16
22.21Y	F # 7	Girls 7-8 25 Back	7		-0.86
24.88Y	F # 11	Girls 7-8 25 Breast	5		1.49
18.47Y	F # 15	Girls 7-8 25 Free	8		1.14
Tehya Turnques	st (6) G				
NS	F # 1	Girls 6 & Under 25 Fly			
NS	F # 5	Girls 6 & Under 25 Back			
NS	F # 9	Girls 6 & Under 25 Breast			
NS	F # 13	Girls 6 & Under 25 Free			