

## Sunrise Swimming

### Individual Meet Results

**North Palm Beach Summer Kickoff! 05-Jun-10 to 06-Jun-10 LC Meters**

**Location: Pompano Beach**

**Plantation Swim Team [PST-FG] Coach: Jimmy Parmenter**

| Time                               | F/P/S   | Event                       | Place | Points | Improv |
|------------------------------------|---------|-----------------------------|-------|--------|--------|
| <b>Diego Avellaneda (9) B</b>      |         |                             |       |        |        |
| 3:10.19L                           | F # 14  | Boys 10 & Under 200 Free    | 10    | ---    | 2.02   |
| 49.29L                             | F # 26B | Boys 9-10 50 Fly            | 13    | ---    | -6.95  |
| 39.80L                             | F # 30B | Boys 9-10 50 Free           | 9     | ---    | -2.07  |
| 3:35.93L                           | F # 46  | Boys 10 & Under 200 IM      | 6     | ---    | 2.76   |
| 54.29L                             | F # 58B | Boys 9-10 50 Breast         | 5     | ---    | 0.82   |
| 49.56L                             | F # 62B | Boys 9-10 50 Back           | 8     | ---    | -5.58  |
| <b>Zachary Beller (10) B</b>       |         |                             |       |        |        |
| 3:13.07L                           | F # 14  | Boys 10 & Under 200 Free    | 11    | ---    | -3.93  |
| 49.99L                             | F # 26B | Boys 9-10 50 Fly            | 16    | ---    | -11.41 |
| 40.98L                             | F # 30B | Boys 9-10 50 Free           | 10    | ---    | -2.31  |
| 1:32.39L                           | F # 50  | Boys 10 & Under 100 Free    | 13    | ---    | -14.02 |
| 1:03.59L                           | F # 58B | Boys 9-10 50 Breast         | 16    | ---    | -16.10 |
| 52.22L                             | F # 62B | Boys 9-10 50 Back           | 11    | ---    | -6.84  |
| <b>Hank Contich (12) B</b>         |         |                             |       |        |        |
| 1:24.76L                           | F # 20  | Boys 11-12 100 Breast       | 1     | ---    | -6.33  |
| 1:23.28L                           | F # 24  | Boys 11-12 100 Back         | 4     | ---    | ---    |
| 35.64L                             | F # 28  | Boys 11-12 50 Fly           | 6     | ---    | ---    |
| 1:22.88L                           | F # 56  | Boys 11-12 100 Fly          | 2     | ---    | ---    |
| 38.72L                             | F # 60  | Boys 11-12 50 Breast        | 2     | ---    | -2.59  |
| 35.83L                             | F # 64  | Boys 11-12 50 Back          | 2     | ---    | -1.25  |
| <b>Jillian Contich (11) G</b>      |         |                             |       |        |        |
| 1:43.94L                           | F # 19  | Girls 11-12 100 Breast      | 16    | ---    | ---    |
| 40.17L                             | F # 27  | Girls 11-12 50 Fly          | 15    | ---    | ---    |
| 35.14L                             | F # 31  | Girls 11-12 50 Free         | 19    | ---    | ---    |
| 1:16.57L                           | F # 51  | Girls 11-12 100 Free        | 18    | ---    | ---    |
| 47.38L                             | F # 59  | Girls 11-12 50 Breast       | 13    | ---    | ---    |
| 45.97L                             | F # 63  | Girls 11-12 50 Back         | 20    | ---    | ---    |
| <b>Rachel Contich (8) G</b>        |         |                             |       |        |        |
| 2:08.97L                           | F # 17  | Girls 10 & Under 100 Breast | 16    | ---    | ---    |
| 49.33L                             | F # 25A | Girls 8 & Under 50 Fly      | 1     | ---    | ---    |
| 41.30L                             | F # 29A | Girls 8 & Under 50 Free     | 3     | ---    | ---    |
| 1:31.61L                           | F # 49  | Girls 10 & Under 100 Free   | 21    | ---    | ---    |
| 1:08.51L                           | F # 57A | Girls 8 & Under 50 Breast   | 8     | ---    | ---    |
| 54.12L                             | F # 61A | Girls 8 & Under 50 Back     | 3     | ---    | ---    |
| <b>Adriana Cortes Urbina (9) G</b> |         |                             |       |        |        |
| 3:03.82L                           | F # 13  | Girls 10 & Under 200 Free   | 6     | ---    | -6.49  |
| 39.89L                             | F # 25B | Girls 9-10 50 Fly           | 4     | ---    | ---    |
| 38.67L                             | F # 29B | Girls 9-10 50 Free          | 13    | ---    | -0.48  |
| 1:31.88L                           | F # 49  | Girls 10 & Under 100 Free   | 22    | ---    | ---    |
| 54.81L                             | F # 57B | Girls 9-10 50 Breast        | 12    | ---    | ---    |
| 49.90L                             | F # 61B | Girls 9-10 50 Back          | 14    | ---    | ---    |
| <b>Ivy Garcia (12) G</b>           |         |                             |       |        |        |
| 2:00.64L                           | F # 19  | Girls 11-12 100 Breast      | 29    | ---    | ---    |

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| Time                             | F/P/S   | Event                       | Place | Points | Improv |
|----------------------------------|---------|-----------------------------|-------|--------|--------|
| 49.19L                           | F # 27  | Girls 11-12 50 Fly          | 33    | ---    | ---    |
| 41.21L                           | F # 31  | Girls 11-12 50 Free         | 42    | ---    | ---    |
| 1:34.68L                         | F # 51  | Girls 11-12 100 Free        | 40    | ---    | ---    |
| 53.26L                           | F # 59  | Girls 11-12 50 Breast       | 30    | ---    | ---    |
| 49.58L                           | F # 63  | Girls 11-12 50 Back         | 26    | ---    | ---    |
| <b>Taylor Goodwin (11) G</b>     |         |                             |       |        |        |
| 3:47.11L                         | F # 15  | Girls 11-12 200 Free        | 32    | ---    | ---    |
| 1:02.70L                         | F # 27  | Girls 11-12 50 Fly          | 38    | ---    | ---    |
| 47.89L                           | F # 31  | Girls 11-12 50 Free         | 49    | ---    | ---    |
| 1:44.99L                         | F # 51  | Girls 11-12 100 Free        | 47    | ---    | ---    |
| 52.30L                           | F # 59  | Girls 11-12 50 Breast       | 28    | ---    | ---    |
| 1:00.98L                         | F # 63  | Girls 11-12 50 Back         | 35    | ---    | ---    |
| <b>Emily Hartman (10) G</b>      |         |                             |       |        |        |
| 2:41.15L                         | F # 17  | Girls 10 & Under 100 Breast | 25    | ---    | ---    |
| 1:07.22L                         | F # 25B | Girls 9-10 50 Fly           | 35    | ---    | ---    |
| 47.35L                           | F # 29B | Girls 9-10 50 Free          | 36    | ---    | ---    |
| 1:44.53L                         | F # 49  | Girls 10 & Under 100 Free   | 40    | ---    | ---    |
| 1:13.76L                         | F # 57B | Girls 9-10 50 Breast        | 30    | ---    | ---    |
| 1:04.96L                         | F # 61B | Girls 9-10 50 Back          | 30    | ---    | ---    |
| <b>Christopher Kohanyi (9) B</b> |         |                             |       |        |        |
| 2:55.39L                         | F # 14  | Boys 10 & Under 200 Free    | 5     | ---    | 20.93  |
| 44.15L                           | F # 26B | Boys 9-10 50 Fly            | 4     | ---    | 0.59   |
| 37.81L                           | F # 30B | Boys 9-10 50 Free           | 4     | ---    | 0.31   |
| 1:19.36L                         | F # 50  | Boys 10 & Under 100 Free    | 6     | ---    | -3.42  |
| 49.27L                           | F # 58B | Boys 9-10 50 Breast         | 2     | ---    | -2.46  |
| 44.43L                           | F # 62B | Boys 9-10 50 Back           | 4     | ---    | -5.23  |
| <b>Brianne Merchant (12) G</b>   |         |                             |       |        |        |
| 1:52.07L                         | F # 19  | Girls 11-12 100 Breast      | 24    | ---    | 1.81   |
| 42.81L                           | F # 27  | Girls 11-12 50 Fly          | 23    | ---    | -7.74  |
| 38.07L                           | F # 31  | Girls 11-12 50 Free         | 34    | ---    | -4.75  |
| 1:28.50L                         | F # 51  | Girls 11-12 100 Free        | 38    | ---    | ---    |
| 50.58L                           | F # 59  | Girls 11-12 50 Breast       | 25    | ---    | -6.04  |
| 53.78L                           | F # 63  | Girls 11-12 50 Back         | 29    | ---    | -3.67  |
| <b>Malek Moo Young (11) B</b>    |         |                             |       |        |        |
| NS                               | F # 24  | Boys 11-12 100 Back         | ---   | ---    | ---    |
| 59.58L                           | F # 28  | Boys 11-12 50 Fly           | 25    | ---    | ---    |
| 43.56L                           | F # 32  | Boys 11-12 50 Free          | 34    | ---    | ---    |
| 1:36.70L                         | F # 52  | Boys 11-12 100 Free         | 23    | ---    | ---    |
| 1:06.64L                         | F # 60  | Boys 11-12 50 Breast        | 17    | ---    | ---    |
| 1:04.72L                         | F # 64  | Boys 11-12 50 Back          | 24    | ---    | ---    |
| <b>Tyler Tolomeo (12) B</b>      |         |                             |       |        |        |
| 1:35.96L                         | F # 24  | Boys 11-12 100 Back         | 13    | ---    | 0.68   |
| 39.54L                           | F # 28  | Boys 11-12 50 Fly           | 10    | ---    | -1.29  |
| 34.20L                           | F # 32  | Boys 11-12 50 Free          | 13    | ---    | -1.91  |

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| <b>Time</b> | <b>F/P/S</b> | <b>Event</b>         | <b>Place</b> | <b>Points</b> | <b>Improv</b> |
|-------------|--------------|----------------------|--------------|---------------|---------------|
| 1:27.51L    | F # 56       | Boys 11-12 100 Fly   | 3            | ---           | -14.06        |
| 46.38L      | F # 60       | Boys 11-12 50 Breast | 9            | ---           | -4.83         |
| 43.73L      | F # 64       | Boys 11-12 50 Back   | 14           | ---           | -0.75         |