

## Sunrise Swimming

### Individual Meet Results

**FGC LC Invitational 041511-FG3 15-Apr-11 to 17-Apr-11 LC Meters**

**Sanction: 041511-FG Location: North County Aquatic Complex - Jupiter**

**Plantation Swim Team [PST-FG] Coach: Jimmy Parmenter**

| Time                                | F/P/S   | Event                       | Place | Points | Improv |
|-------------------------------------|---------|-----------------------------|-------|--------|--------|
| <b>Hank Contich (13) B</b>          |         |                             |       |        |        |
| 5:05.45L                            | F # 12A | Boys 13-14 400 Free         | 12    | ---    | ---    |
| 1:19.23L                            | F # 44  | Boys 13-14 100 Back         | 9     | ---    | -4.05  |
| 27.80L                              | F # 54  | Boys 13-14 50 Free          | 2     | ---    | -0.99  |
| 2:40.73L                            | F # 58  | Boys 13-14 200 IM           | 9     | ---    | -4.66  |
| 1:02.01L                            | F # 62  | Boys 13-14 100 Free         | 5     | ---    | -2.97  |
| 1:17.75L                            | F # 76  | Boys 13-14 100 Fly          | 15    | ---    | -5.13  |
| 2:53.13L                            | F # 84A | Boys 13-14 200 Back         | 11    | ---    | ---    |
| <b>Jillian Contich (12) G</b>       |         |                             |       |        |        |
| 5:57.83L                            | F # 9B  | Girls 11-12 400 Free        | 24    | ---    | ---    |
| 3:07.82L                            | F # 13  | Girls 11-12 200 IM          | 19    | ---    | ---    |
| 32.82L                              | F # 17  | Girls 11-12 50 Free         | 8     | ---    | -0.47  |
| 40.65L                              | F # 25  | Girls 11-12 50 Back         | 5     | ---    | -5.32  |
| 45.37L                              | F # 67  | Girls 11-12 50 Breast       | 6     | ---    | -1.13  |
| 36.10L                              | F # 73  | Girls 11-12 50 Fly          | 7     | ---    | -0.60  |
| 1:28.00L                            | F # 81  | Girls 11-12 100 Back        | 7     | ---    | ---    |
| <b>Rachel Contich (9) G</b>         |         |                             |       |        |        |
| 3:41.54L                            | F # 1   | Girls 10 & Under 200 IM     | 13    | ---    | ---    |
| 36.85L                              | F # 15  | Girls 10 & Under 50 Free    | 10    | ---    | -2.71  |
| 52.07L                              | F # 23  | Girls 10 & Under 50 Back    | 28    | ---    | -2.05  |
| 1:25.95L                            | F # 31  | Girls 10 & Under 100 Free   | 15    | ---    | -5.66  |
| 54.49L                              | F # 65  | Girls 10 & Under 50 Breast  | 9     | ---    | -3.95  |
| 45.49L                              | F # 71  | Girls 10 & Under 50 Fly     | 9     | ---    | -3.05  |
| 1:52.13L                            | F # 79  | Girls 10 & Under 100 Back   | 13    | ---    | ---    |
| <b>Adriana Cortes Urbina (10) G</b> |         |                             |       |        |        |
| 33.79L                              | F # 15  | Girls 10 & Under 50 Free    | 2     | ---    | -2.16  |
| 42.07L                              | F # 23  | Girls 10 & Under 50 Back    | 3     | ---    | -7.83  |
| 1:45.71L                            | F # 27  | Girls 10 & Under 100 Breast | 7     | ---    | -12.71 |
| 1:17.85L                            | F # 31  | Girls 10 & Under 100 Free   | 3     | ---    | -7.50  |
| 47.28L                              | F # 65  | Girls 10 & Under 50 Breast  | 5     | ---    | -6.66  |
| 37.54L                              | F # 71  | Girls 10 & Under 50 Fly     | 2     | ---    | -0.75  |
| 1:27.25L                            | F # 79  | Girls 10 & Under 100 Back   | 1     | ---    | -8.19  |
| <b>Joshua Gonzalez (11) B</b>       |         |                             |       |        |        |
| 49.89L                              | F # 18  | Boys 11-12 50 Free          | 31    | ---    | ---    |
| 1:04.48L                            | F # 26  | Boys 11-12 50 Back          | 20    | ---    | ---    |
| 1:59.06L                            | F # 34  | Boys 11-12 100 Free         | 29    | ---    | ---    |
| 1:17.17L                            | F # 68  | Boys 11-12 50 Breast        | 15    | ---    | ---    |
| 1:04.16L                            | F # 74  | Boys 11-12 50 Fly           | 18    | ---    | ---    |
| <b>Carolyn Kean (9) G</b>           |         |                             |       |        |        |
| 49.27L                              | F # 15  | Girls 10 & Under 50 Free    | 43    | ---    | ---    |
| 1:05.22L                            | F # 23  | Girls 10 & Under 50 Back    | 47    | ---    | ---    |
| 1:56.27L                            | F # 31  | Girls 10 & Under 100 Free   | 38    | ---    | ---    |
| 1:19.60L                            | F # 65  | Girls 10 & Under 50 Breast  | 24    | ---    | ---    |
| 1:15.65L                            | F # 71  | Girls 10 & Under 50 Fly     | 23    | ---    | ---    |

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**Plantation Swim Team [PST-FG] Coach: Jimmy Parmenter**

| Time                               | F/P/S   | Event                      | Place | Points | Improv |
|------------------------------------|---------|----------------------------|-------|--------|--------|
| <b>Christopher Kohanyi (10) B</b>  |         |                            |       |        |        |
| 3:15.61L                           | F # 2   | Boys 10 & Under 200 IM     | 4     | ---    | -0.10  |
| 34.55L                             | F # 16  | Boys 10 & Under 50 Free    | 4     | ---    | -1.50  |
| 42.02L                             | F # 24  | Boys 10 & Under 50 Back    | 4     | ---    | -1.26  |
| 1:19.79L                           | F # 32  | Boys 10 & Under 100 Free   | 4     | ---    | 0.43   |
| 48.50L                             | F # 66  | Boys 10 & Under 50 Breast  | 2     | ---    | -0.77  |
| NS                                 | F # 72  | Boys 10 & Under 50 Fly     | ---   | ---    | ---    |
| 1:31.14L                           | F # 80  | Boys 10 & Under 100 Back   | 2     | ---    | -3.50  |
| <b>Kayla-Nicole Marsden (10) G</b> |         |                            |       |        |        |
| 39.94L                             | F # 15  | Girls 10 & Under 50 Free   | 23    | ---    | ---    |
| 49.73L                             | F # 23  | Girls 10 & Under 50 Back   | 20    | ---    | ---    |
| 1:32.72L                           | F # 31  | Girls 10 & Under 100 Free  | 23    | ---    | ---    |
| 50.25L                             | F # 65  | Girls 10 & Under 50 Breast | 6     | ---    | ---    |
| 47.96L                             | F # 71  | Girls 10 & Under 50 Fly    | 12    | ---    | ---    |
| <b>Brianne Merchant (13) G</b>     |         |                            |       |        |        |
| 2:48.09L                           | F # 39  | Girls 13-14 200 Free       | 20    | ---    | ---    |
| 34.93L                             | F # 53  | Girls 13-14 50 Free        | 18    | ---    | -2.30  |
| 3:17.38L                           | F # 57  | Girls 13-14 200 IM         | 17    | ---    | -20.60 |
| 1:17.94L                           | F # 61  | Girls 13-14 100 Free       | 26    | ---    | -8.11  |
| 3:45.67L                           | F # 69B | Girls 13-14 200 Breast     | 11    | ---    | ---    |
| 1:33.72L                           | F # 75  | Girls 13-14 100 Fly        | 16    | ---    | -16.35 |
| <b>Genavia Romeo (10) G</b>        |         |                            |       |        |        |
| 55.91L                             | F # 15  | Girls 10 & Under 50 Free   | 50    | ---    | ---    |
| 1:08.59L                           | F # 23  | Girls 10 & Under 50 Back   | 50    | ---    | ---    |
| 2:10.99L                           | F # 31  | Girls 10 & Under 100 Free  | 40    | ---    | ---    |
| NS                                 | F # 65  | Girls 10 & Under 50 Breast | ---   | ---    | ---    |
| NS                                 | F # 71  | Girls 10 & Under 50 Fly    | ---   | ---    | ---    |
| <b>Tyler Tolomeo (12) B</b>        |         |                            |       |        |        |
| 6:34.59L                           | F # 4B  | Boys 11-12 400 IM          | 5     | ---    | ---    |
| 34.07L                             | F # 18  | Boys 11-12 50 Free         | 16    | ---    | 0.47   |
| 44.96L                             | F # 26  | Boys 11-12 50 Back         | 11    | ---    | 1.23   |
| 1:39.48L                           | F # 30  | Boys 11-12 100 Breast      | 7     | ---    | -1.64  |
| 44.06L                             | F # 68  | Boys 11-12 50 Breast       | 4     | ---    | -2.32  |
| 37.57L                             | F # 74  | Boys 11-12 50 Fly          | 8     | ---    | -1.97  |
| 3:05.89L                           | F # 86  | Boys 11-12 200 Fly         | 1     | ---    | -6.02  |